



FOR IMMEDIATE RELEASE

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Pop-Up Event: 100 Free Christmas Meals and HCAP Assessments for Military Families

Plymouth, MA – December 16, 2024: The Medic Now Foundation Inc. (MNF), in partnership with Volunteers of America of Massachusetts (VOAMASS), is proud to announce **Holiday Care & Comfort for Heroes**, a special **pop-up holiday event** to honor and support our veterans, active-duty service members, and military families.

This event will take place on **Monday, December 23, 2024**, from **3:00 PM to 6:00 PM** at the Plymouth Area Veterans Center at 20 N Park Ave, Plymouth, MA 02360

What's Happening:

- **100 FREE Christmas Meals:** Attendees will enjoy individually packaged, chef-prepared holiday meals that are fully cooked and ready to take home and heat. These meals, crafted with care by **Salt of the Earth Catering**, offer a delicious and convenient way to celebrate the holidays:
 - **Meal Option 1: Savory Roast Turkey Dinner**
 - Tender, oven-roasted turkey breast slices served with creamy mashed potatoes, a rich and flavorful turkey gravy, and a classic green bean casserole topped with crispy onions. Finished with a freshly baked holiday cookie for a touch of sweetness.
 - **Meal Option 2: Hearty Meat Lasagna Dinner**
 - Layers of seasoned ground beef, velvety ricotta cheese, and tangy marinara sauce nestled between perfectly cooked pasta sheets. Accompanied by a crisp garden salad with fresh greens, cherry tomatoes, cucumbers, and a side of balsamic vinaigrette. Topped off with a delicious, freshly baked cookie for dessert.
- **Free Healthcare Cost Assistance Assessments:**
 - MNF will provide **FREE on-site eligibility assessments** to connect attendees to its **Healthcare Cost Assistance Program (HCAP)**, designed to alleviate out-of-pocket healthcare expenses for military families.
 - VOAMASS, as an **authorized referral organization**, will assist eligible participants in navigating the program and accessing support.

Eligibility Requirements:

To receive a Christmas meal and participate in the healthcare assessment program, attendees must bring one of the following documents to verify their military status:

- **Veterans:** DD Form 214, military ID, or Veteran Health Identification Card (VHIC).
 - **Military Families:** Dependent ID card, marriage certificate and spouse's military ID, or VA benefits letter.
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How to Register:

Eligible individuals can reserve their meal and assessment appointment by visiting the event's sign-up page here: 🖱️ **Order Form & All Event Details:** <https://form.jotform.com/243483588148065>

Important: Reserve your meal by 9:00 AM on December 23, 2024, to guarantee availability.

Join Us in Supporting Our Heroes:

This holiday season, The Medic Now Foundation Inc. and VOAMASS invite the community to spread the word about this event. By providing nourishment and connecting attendees with healthcare resources, **Holiday Care & Comfort for Heroes** is an opportunity to give back to those who have sacrificed so much for our nation.

For more information, contact Michael P. Duggan at michael@medicnowfoundation.org or **781-412-5577**.

About The Medic Now Foundation Inc.:

The Medic Now Foundation Inc. is a nonprofit organization dedicated to breaking barriers in military healthcare by providing support to veterans, service members, and their families facing out-of-pocket medical expenses.

About Volunteers of America Plymouth:

VOAMASS is a trusted community organization committed to serving veterans, individuals, and families in need through various programs, including housing, employment, and healthcare services.

End of Release